

ICD share common characteristics, like (i) repetitive or compulsive engagement in a behavior despite adverse consequences; (ii) diminished control over the problematic behavior; (iii) an appetitive urge or craving state prior to engagement in the problematic behavior; and (iv) a hedonic quality during the performance of the problematic behavior. ICD are disorders in which impulsivity and compulsivity co-occur, and which can be conceptualized both as impulsive control disorder and as non-substance behavioral addiction (Grant & Potenza 2006).